

# ADULT HEALTH DISPLAYS CALENDAR

Raising awareness into the effects of **Drugs, Alcohol, Gambling, Tobacco & More.**



## JANUARY

### Dry January

Tips and benefits to drinking no alcohol for the 31 days of January.

## FEBRUARY

### Gambling Awareness

Raising awareness of the consequences of gambling addiction and how to stop.

## MARCH

### No Smoking Day

Encouraging Smokers to take part in the 'No Smoking Day' event and explaining the benefits.



## APRIL

### Gaming Loot Boxes

A focus on Micro-Transactions in video games - and how they can become gambling.



## MAY

### Mental Health

A focus on mental health awareness week; what effect can alcohol and tobacco have?



# SCAN

All display boards are available to loan completely **free of charge**, suitable for community and educational settings, as well as workplaces.

Not enough room for a display? Our displays can be printed as A3 posters, and are supplied free of charge.

Contact us for more information:  
0121 744 3214  
[bookings@white-ribbon.org.uk](mailto:bookings@white-ribbon.org.uk)

# ADULT HEALTH DISPLAYS CALENDAR

Raising awareness into the effects of **Drugs, Alcohol, Gambling, Tobacco & More.**



**JUNE**

**Drug Awareness**



Covering the impact of drugs, including the health, social and legal outcomes of drug use.



**JUL - AUG**

**Summer Safety**

Advice to ensure you have fun and stay safe at festivals/on holiday.



**SEPTEMBER**

**Stoptober**

Encouraging smokers to stop for 28 days during October; explaining the benefits of quitting.

**OCTOBER**

**Safe Night Out**



A focus on the effects that alcohol can have on the body - and safety during a night out.

**NOVEMBER**

**Online Safety**



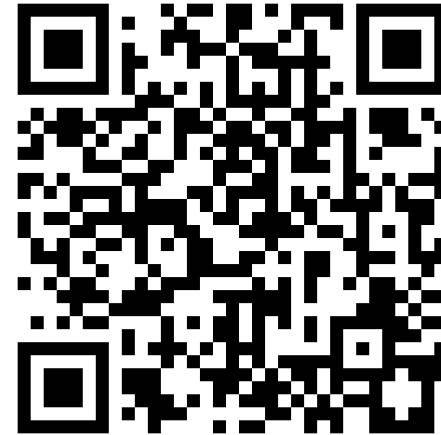
Teaching the dangers of social media and the internet as a whole and how people can stay safe.



**DECEMBER**

**Under the Influence**

Focusing on staying safe when driving on the road at Christmas time.



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# CHILDREN'S HEALTH DISPLAYS CALENDAR

Our children's displays introduce a variety of topics with appealing illustrations.



**JANUARY**

**Water Safety**



Raising awareness into the dangers that water can pose and how to stay safe when swimming.

**FEBRUARY**

**Money Safety**



Our Money Safety Campaign provides children with information on how to be sensible with money.

**MARCH**

**Smoking Awareness**



Raising Awareness into what smoking is and the effects that it can have in a format suitable for children.

**APRIL**

**Loot Boxes**



A focus on Loot Boxes within video games and how they could be dangerous and addictive for children.



**MAY**

**Mental Health**

A focus on mental health awareness month in a more child-friendly format.



**JUNE**

**Healthy Lifestyle**

Providing advice to kids on how to live healthy - with a specific focus on alcohol awareness.



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# CHILDREN'S HEALTH DISPLAYS CALENDAR

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## JUL - AUG Summer Safety

Advice to ensure that children have fun and stay safe at in the sun and on holiday.

## SEPTEMBER Peer Pressure



Our Peer Pressure Campaign offers practical advice on ways to resist the negative influences of other people.



## OCTOBER Medicine Safety

Teaching children about the positive aspects and dangers of medicine; including how and when it should be used.

## NOVEMBER Online Safety



Showing kids the dangers that are present when browsing the internet and how they can stay safe.

## DECEMBER Road Safety



Teaching children how to stay safe whilst near a road; with suggestions for walking and cycling safely.



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