

18

IN THE UNITED KINGDOM, YOU MUST BE **AGED 18** OR OVER TO PARTAKE IN ALL FORMS OF GAMBLING. IN 2021, THE AGE REQUIRED TO PLAY THE NATIONAL LOTTERY WAS RAISED FROM 16 TO 18.

GAMSTOP IS A FREE SERVICE WHICH PREVENTS YOU FROM USING GAMBLING WEBSITES AND APPS ON ANY DEVICES FOR ALL COMPANIES REGISTERED IN THE UNITED KINGDOM. THIS CAN BE A PERIOD RANGING FROM SIX MONTHS TO FIVE YEARS. THIS IS CALLED SELF EXCLUSION.

FOR SOME PEOPLE, THE **TEMPTATION** TO PLACE A BET ON A GAME OF CHANCE IS TOO MUCH. AS A RESULT, THEY CAN BECOME **ADDICTED**. THIS CAN LEAVE YOU IN SERIOUS **DEBT** AND HARM MANY ASPECTS OF YOUR LIFE.



20%

20% OF ALL PEOPLE IN BRITAIN SAY THAT THEY WILL GAMBLE AT LEAST TWICE PER WEEK. (OFNS)

GAMBLING AWARENESS

GAMBLING ADDICTION IS ESTIMATED TO COST THE UK PUBLIC UP TO **£1.2 BILLION** PER YEAR.

AROUND **30%** OF THE BRITISH PUBLIC TAKE PART IN **THE NATIONAL LOTTERY** EVERY YEAR. THIS MAKES IT THE MOST POPULAR FORM OF GAMBLING IN THE UNITED KINGDOM BY SOME DISTANCE. (GAMBLING COMMISSION)



THE NATIONAL LOTTERY

1.4 MILLION PEOPLE IN THE UNITED KINGDOM ARE ESTIMATED TO BE PROBLEM GAMBLERS. (GAMBLEAWARE)

£1.2bn

1.4m

white-ribbon.org.uk

