

NOT ALL MEDICINES LOOK THE SAME. THEY COME IN DIFFERENT SHAPES, SIZES, AND COLOURS.



MEDICINES CAN PREVENT US FROM BECOMING ILL. FOR EXAMPLE, VACCINES CAN PREVENT US FROM CATCHING HARMFUL DISEASES.



MEDICINE CAN HELP US WHEN WE ARE ILL. FOR EXAMPLE, MEDICINE LIKE PARACETAMOL CAN MAKE SOMEONE FEEL BETTER WHEN THEY ARE UNWELL.



MEDICINE CAN BE PRESCRIBED TO YOU BY A DOCTOR. YOU SHOULD ONLY TAKE MEDICINE FROM A TRUSTED ADULT, SUCH AS A PARENT, GUARDIAN, OR TEACHER.

YOU SHOULD NEVER TAKE MEDICINE THAT IS NOT MEANT FOR YOU, AND YOU SHOULD ONLY TAKE MEDICINE WHEN YOU NEED IT.



MEDICINE SAFETY

MEDICINES CAN HELP US STAY HEALTHY. FOR EXAMPLE: PEOPLE WITH ASTHMA CAN USE AN INHALER TO HELP THEM BREATHE PROPERLY.



YOU SHOULD ALWAYS PAY ATTENTION TO WARNING LABELS ON MEDICAL PRODUCTS, AND NEVER TAKE MORE THAN THE LABEL TELLS YOU TO TAKE.



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