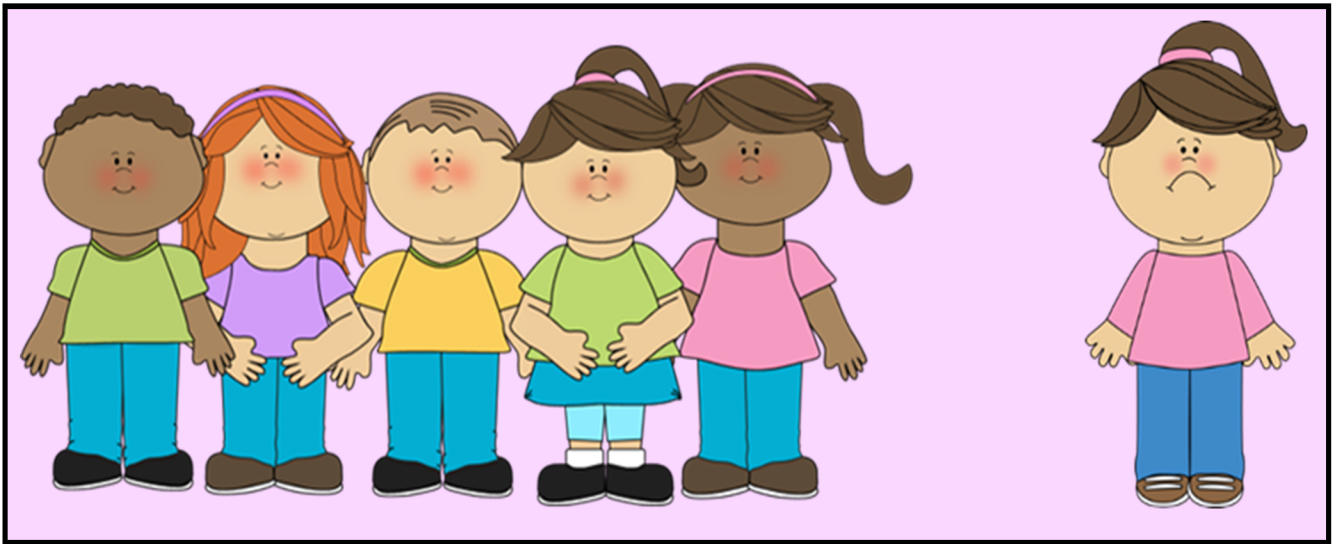


PEER PRESSURE

- INFORMATION

- ACTIVITIES

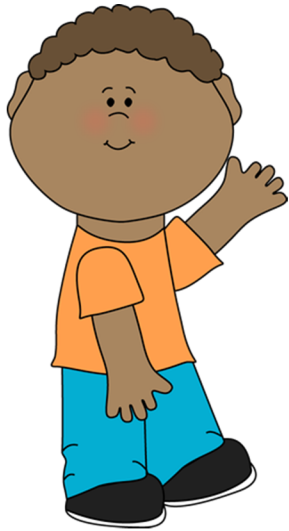


- STORYBOARD

- HELP & ADVICE

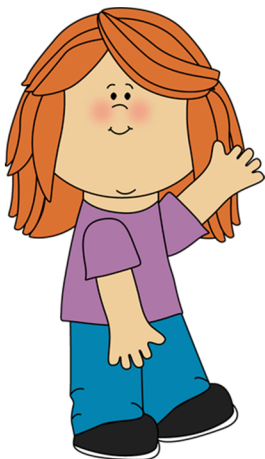
WORKBOOK

PEER PRESSURE



All through life we have to make decisions. Sometimes we can be pressured by others to make bad decisions.

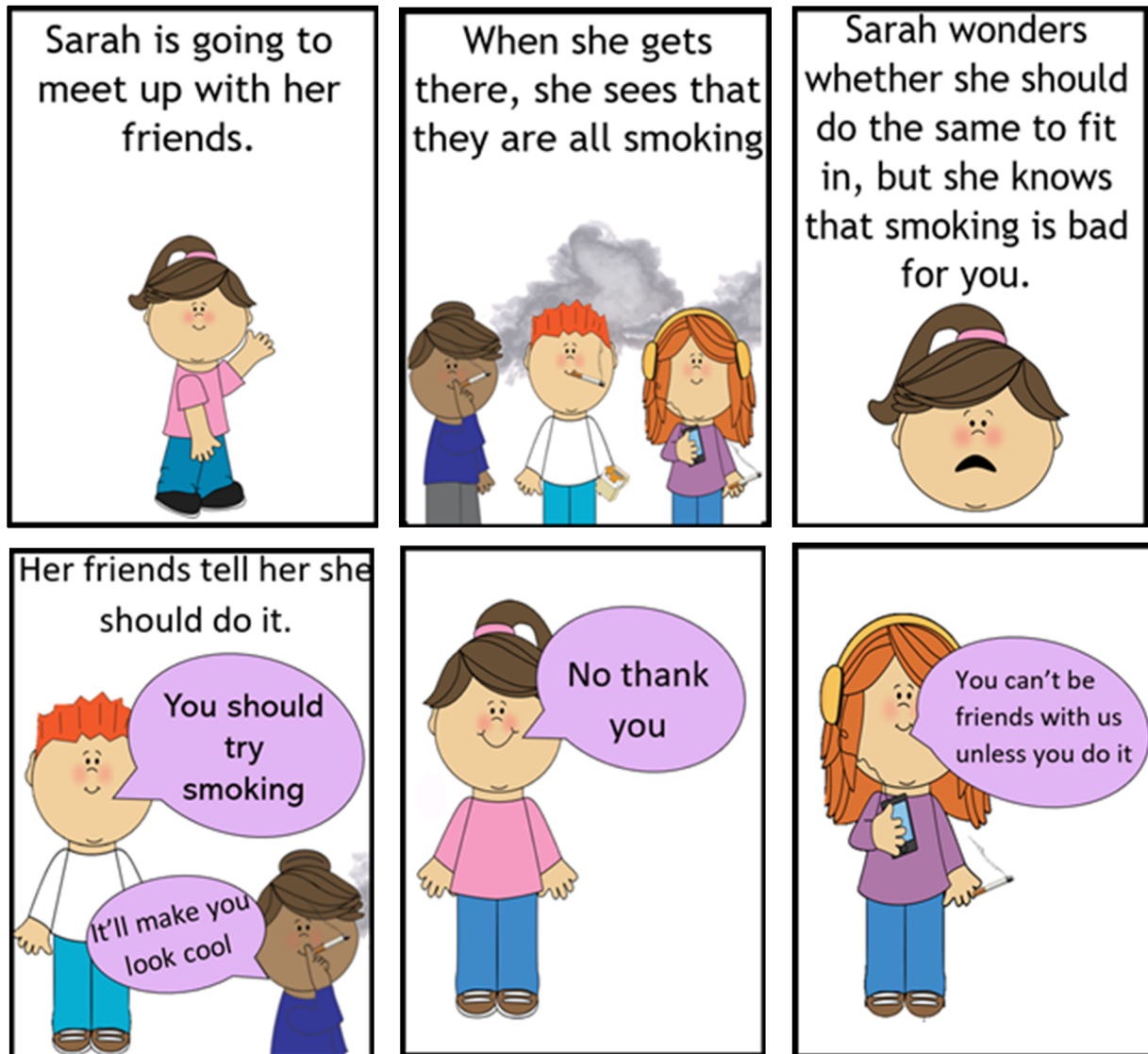
‘Peers’ are people who are our age, such as classmates. Peers can influence the decisions you make. This is called ‘Peer Pressure’.



Saying ‘no’ can be difficult. If you are struggling, it might help to talk to someone you trust.

PEER PRESSURE STORY

Read the story of Sarah's experience with peer pressure and decide what you would do if it happened to you.



WHAT WOULD YOU DO?

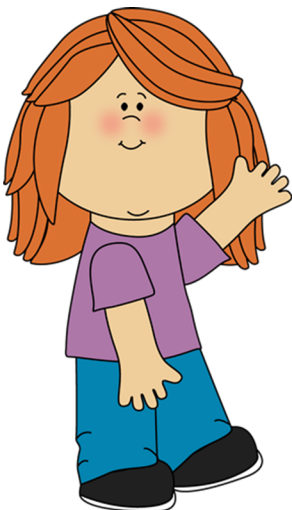
Saying 'No' takes a lot of courage, but you should never feel pressured into doing something you don't want to. Other people will respect you for standing your ground and it may encourage them to do the same.

You can always find new friends who respect your choices.

WORDSEARCH

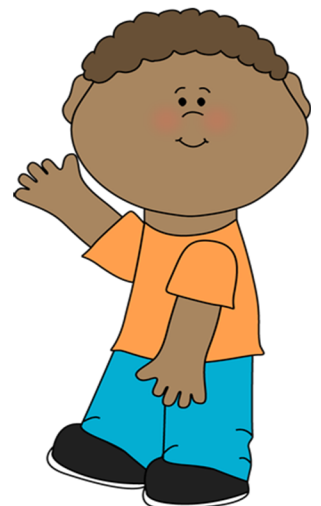
There are 12 hidden words in the Wordsearch,
How many words can you find?

S	I	N	F	L	U	E	N	C	E
B	A	G	E	F	W	Q	P	M	B
X	G	Y	F	G	A	U	I	B	L
P	O	S	N	V	A	K	Z	A	M
R	O	B	A	O	J	T	J	D	W
E	D	Q	T	F	S	G	I	P	P
S	F	V	N	J	E	D	I	V	E
S	D	E	C	I	S	I	O	N	E
U	Q	P	U	K	M	N	D	W	R
R	S	A	C	H	O	I	C	E	X
E	U	L	K	L	P	N	B	D	C
C	F	R	I	E	N	D	S	N	W
N	I	P	W	U	R	T	W	N	M
J	X	P	O	S	I	T	I	V	E



**BAD
CHOICE
DECISION
FRIENDS
GOOD
INFLUENCE**

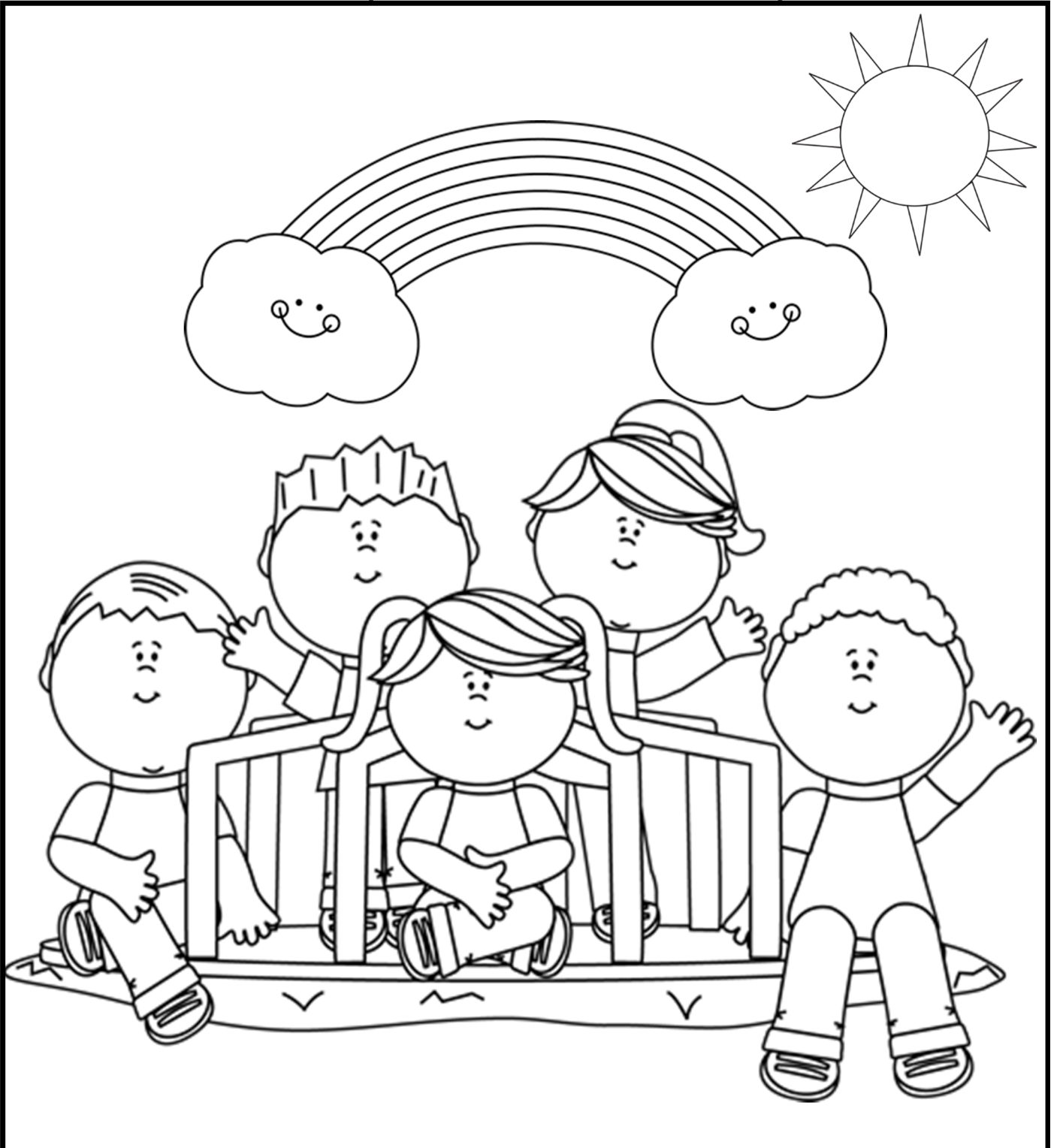
**NEGATIVE
PEER
POSITIVE
PRESSURE
SAFE
SAY NO**



COLOURING

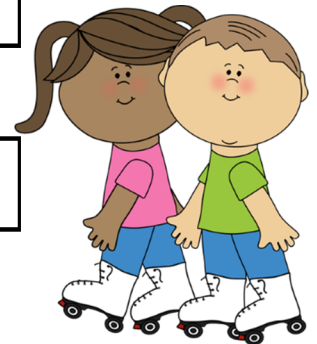
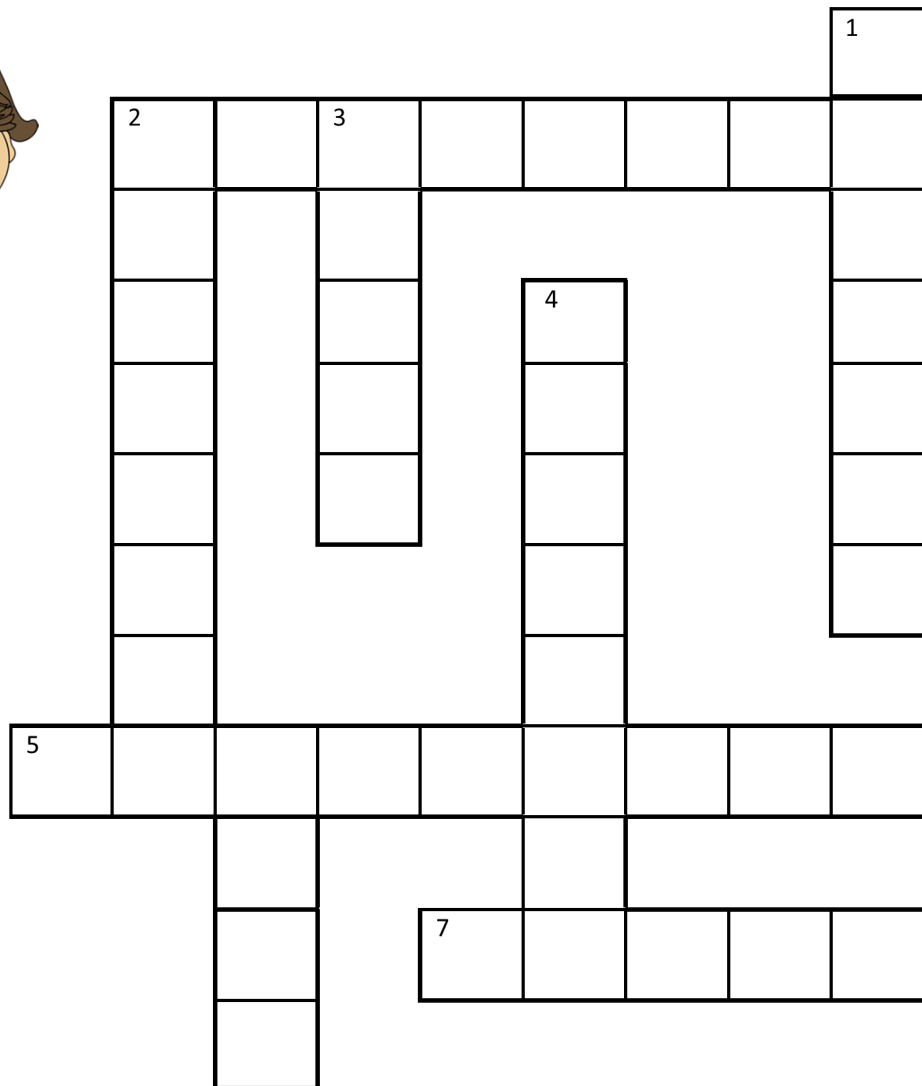
Instead of giving into peer pressure, Sarah found some new friends who respect her decisions.

Colour in the picture below to complete it!
Colour in the picture below to complete it!



CROSSWORD

Use the clues to fill in the crossword



ACROSS:

2. Peer pressure is not always a negative thing, sometimes it can be ... (8)
5. Something we all have to make all through life. (9)
7. People who are of a similar age and Influence the way we act and the choices we make. (5)

DOWN:

1. Someone you can talk to if you have problems with peer pressure. (7)
2. You should never give in to peer
3. What you should do if you are asked to do something you know is wrong (3,2).
4. Opposite to positive.
6. Sometimes people do things to make them look - - - -.

ANAGRAMS

Can you unscramble the mixed up letters to make words associated with Peer Pressure?

1. S R E P E _____

2. P E R R S U E S _____

3. A R E T H C E _____

4. A V E N G T E I _____

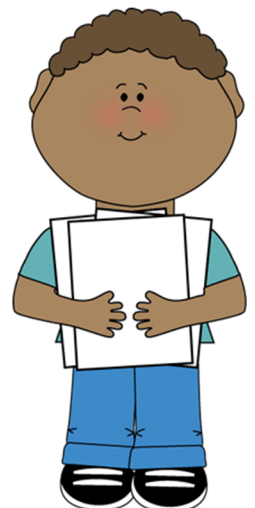
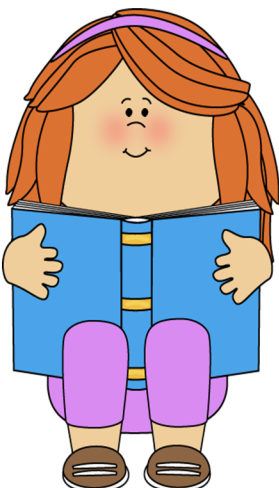
5. D O G O _____

6. P R O T I M A T N _____

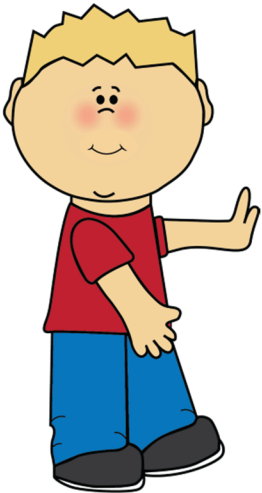
7. N S I D E C I O _____

8. I C E H O C _____

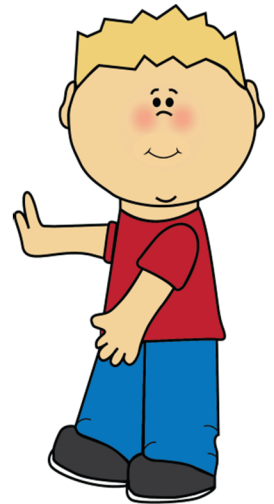
9. R F I D N S E _____



IT'S OK TO SAY 'NO' - IT'S YOUR CHOICE.



Never be pressured into doing
something you don't want to
or you know is wrong.



Saying no takes courage. If you are struggling with peer pressure, talking to someone about how you feel can help. Try talking to a friend, parent, or teacher. If there is no one you feel comfortable talking to, you can phone Childline for free, who will listen to you and offer advice. You can phone them on 0800 1111.

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

ANSWERS

CROSSWORD

DOWN

- Teacher
- Say No
- Negative
- Cool

ACROSS

- Positive
- Decisions
- Peers

ANAGRAM

- Peers
- Pressure
- Teacher
- Negative
- Good
- Important
- Decision
- Choice



White Ribbon Association